

3.7 Reflecting

Reflect on what you've learned about responding to bullying behaviors in this lesson.

What?

What are some ways to respond to bullying behaviors when you feel threatened or afraid?

How does bullying make you feel? Why do you think those feelings make deciding how to respond to bullying behaviors difficult?

So What?

Now What?

How do you think learning how to respond to bullying situations will help you as you continue to grow? How do you think you would help a friend who is being bullied decide how to respond?
